

Peer Support Services for Abused Women in Partnership with
Jewish Family Service Calgary presents:

GROWTH CIRCLE

Growth Circle - A Domestic Violence Workshop - is a weekly group where participants share their experiences and learn from each other. Some of the topics addressed in Growth Circles are the stages of change, effects of abuse, family of origin, support systems, anger, grief and loss, mind body spirit and personal power.

Date:

**March 25th, 2015 –
June 3rd, 2015**

Time:

6:00-9:00pm

Location:

**Jewish Family Service
Calgary**



We are committed to providing support, resources and referrals to women and children affected by domestic abuse. Trained volunteers facilitate community based peer support groups in cooperation with participants. Self directed change and independence are fostered in a caring and safe environment. All women and children are welcome regardless of race, religion, sexual orientation or socio-economic status.

**OUR SERVICES ARE: FREE, CONFIDENTIAL, FOR GROUPS OR INDIVIDUALS,
SUPPORTIVE, EDUCATIONAL, AND COMMUNITY BASED.**

For more information, or to register, please contact
Tanya @ 403 287 3510. Please mention the group
you want to register for. Seating is limited so register
early.



peer
Support Services
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for — — — — —
Abused Women

pssaw.org